

AVOCADO FRIES

served with sriracha aioli

9

CHORIZO QUESO 6

served with blue corn chips GF

KETO-FRIENDLY (KF)**

KF CHORIZO QUESO (with pork rinds) **6 GF**

KF FRIED CHEESE STICKS (with sriracha aioli) **7 GF**

KF KETO PANCAKES

14.5

GF

3 homemade keto pancakes/pork sausage/bacon/sugar-free syrup*

KF CANNOLI CREAM KETO PANCAKES

13

GF

3 homemade keto pancakes/ kf cannoli cream/ KF chocolate chips/berries garnish/sugar-free syrup*

KF CHURRO KETO PANCAKES

14

GF

homemade keto pancakes/ cinnamon erythritol churro style/ berries/ sugar free chocolate syrup/sugar free syrup*

KF KETO POWER PROTEIN CHOCOLATE PANCAKES

16

GF

2 homemade keto pancakes/ LILY's premium stevia sweetened dark chocolate chips / protein powder/ berries/ sugar-free syrup*

KF AVOCADO TOAST*

14

GF

two eggs any style/ homemade cheese bun/avocado relish/cotija cheese/cilantro

KF GRILLED CHEESE AVOCADO TOAST*

15

GF

two eggs any style/grilled BRUNKOW's premium cheese block/avocado relish/cotija cheese/cilantro/ chicken sausage/bacon bits

KF TURKEY MELT SPICY AVOCADO TOAST*

NEW

16

GF

two eggs any style/6 oz turkey breast steak/swiss cheese/avocado relish/cotija cheese/sriracha aioli/ sriracha/cilantro/bacon bits

KF EGGS BENEDICT*

16

GF

poached eggs/ homemade cheese bun/sundried tomato pesto/portobello mushrooms/roasted tomatoes/sautéed spinach/hollandaise sauce

KF AVOCADO PECANS EGGS BENEDICT*

16

GF

poached eggs/broccoli & cauliflower cakes/basil pesto sauce/Portobello mushroom/mozzarella cheese/avocado relish/pecans marinated in olive oil and zaatar/hollandaise sauce

KF SPICY EGG WHITE GRILLED CHICKEN SCRAMBLE*

15

GF

egg whites/grilled chicken/spinach/yellow squash/mushrooms/broccoli/asparagus/zucchini/avocado relish/ranchero sauce/jalapenos/mozzarella cheese/ sriracha aioli/ sriracha/cilantro

KF SPICY AVOCADO BACON BREAKFAST GRILLED CHEESEBURGER*

16

GF

two scrambled eggs/grilled cheese block/8oz burger patty/avocado/jalapenos/ bacon/sriracha aioli/sriracha

KF SPICY AVOCADO SMASH BREAKFAST BOWL* (choose protein in red below)

NEW

GF

Scrambled eggs/broccoli & cauliflower cake/ jalapenos/ bacon/ avocado relish/ pico di gallo/ cotija cheese/ sriracha aioli/ sriracha

Grilled Chicken 16 Grilled Salmon 18 Turkey Melt 16 Cheeseburger 16 Turkey Burger 16

KF MEXICAN BREAKFAST PIZZA*

15

GF

two eggs any style/ homemade ham n green chile cheese bun/green chile pork sauce/pulled pork/ grilled onions/cotija cheese/avocado relish mozzarella cheese

KF BACON/SAUSAGE BREAKFAST PIZZA*

15

GF

two eggs any style/ homemade cheese bun/bacon/pork sausage/chicken sausage/mozzarella cheese/ sriracha aioli

KF PHILLY STEAK BREAKFAST PIZZA*

16

GF

two eggs any style/homemade cheese bun/ grilled shaved ribeye/ grilled bell peppers, mushrooms, onions/mozzarella cheese/ sriracha aioli

KF SHRIMP SCAMPI LUNCH PIZZA*

16

GF

homemade cheese bun/homemade basil pesto/shrimp/scampi sauce/goat cheese/fresh basil

****For Keto friendly options Please note that we are not medical or nutritional professionals. Nothing we express here should be taken as medical advice and you should consult with your doctor before starting any diet or exercise program. We do our best to be as accurate as possible but due to the handmade nature of our products, nutrition information may vary slightly. We expressly disclaim that we will absolve ourselves from any and all liability of any kind with respect to any act or omission wholly or in part in reliance on anything contained in this restaurant. Keto Items may contain nuts and or almond flour**

AVOCADO FRIES

served with sriracha aioli

9

CHORIZO QUESO 6

served with corn chips GF

KETO-FRIENDLY (KF)**

KF PORTOBELLO MUSHROOM/SPINACH CHICKEN LUNCH PIZZA*	15	GF
homemade KF cheese bun/homemade sundried tomato pesto/portobello mushrooms/roasted tomatoes/sautéed spinach/grilled chicken/fresh mozzarella		
KF PISTACHIO MOUSSE FRUIT BOWL*	9	GF
blueberries/strawberries/sugar free pistachio mousse/flax seeds/pistachios		
KF COOKIE DOUGH CHOCOLATE/PEANUT BUTTER MOUSSE FAT BOMBS	9	GF
kf cookie dough fat bombs/kf chocolate mousse/ kf peanut butter mousse/ kf chocolate chips		
KF KETO FRIENDLY PROTEIN SMOOTHIE*:	8	GF
CHOCOLATE PEANUT BUTTER OR WHITE CHOCOLATE		

BKB FEATURES

SPICY QUESO CHORIZO NACHOS	11	GF
corn chips, queso, chorizo, mozzarella, cheddar, cotija, jalapenos, black bean relish, avocado relish, avocado crema, pico di gallo		

SPICY SWEET POTATO EGG WHITE BREAKFAST BOWL	16
Two crispy sweet potato cakes/egg whites/avocado relish/pico de gallo/sriracha, sriracha aioli, jalapenos, bacon bits	
AVOCADO CHICKEN EGG WHITE BREAKFAST WRAP*	14
egg whites/grilled chicken breast/ avocado/cilantro/tomatoes/bacon bits/lemon vinaigrette/ flour tortilla wrap	
STEAK BREAKFAST BURRITO*	16
Scrambled eggs/grilled flour tortilla/roasted potatoes/SHAVED RIBEYE/tomatoes/onions/mozzarella cheese/bacon bits/sriracha aioli	
CHICKEN AND WAFFLES SANDWICH*	15
two eggs any style/belgian waffles/fried breaded chicken breast/ bacon/ syrup	
CORNED BEEF HASH SCRAMBLE* 13 BENEDICT STYLE 15	NEW
Scrambled eggs (or poached over hash brown cakes with hollandaise for bene)/corned beef hash/mozzarella cheese/green onions garnish	
CROISSANT FRENCH TOAST (pick one from the below)	NEW 15
home-baked croissants French toast style/ honey ricotta/berries garnish/syrup (churro style is w Nutella, cinnamon sugar, ice cream)	
Cinnamon Roll FT Churro Cheesecake FT Churro Cinnamon Roll FT	
TURKEY BACON PESTO WRAP	NEW 13
Turkey breast/crispy breaded bacon/basil pesto/swiss cheese/lettuce/tomato/spinach tortilla/pressed panini style	
CHORIZO BACON MAC N CHEESE BREAKFAST BOWL*	NEW 13
two eggs any style/mac n cheese/chorizo/bacon/toasted breadcrumbs /parsley	

SHRIMP SCAMPI **MAC N CHEESE** BREAKFAST BOWL*

two eggs any style/mac n cheese/shrimp scampi/toasted breadcrumbs /parsley

NEW

16

* Some items may contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, Seafood, Shellfish, or eggs may increase your risk of food borne illness. the sugar free syrup is made with aspartame sweetener and so is the sweetener in pistachio mouse, some of you on keto might not want to consume it. All other sweet products are home made, and we use erythritol sweetener which is keto approved. As we prepare items that contains wheat our gluten free options are gluten free style not gluten free, some items may contain Nutella chocolate so ask your server for any allergies.